

SANTA CLARA WOMEN'S LEAGUE

P.O. Box 3033, Santa Clara, CA 95055

November 18, 2008

Mayor Mahan and City Council members:

The Santa Clara Women's League is very proud to be a source of support for the Health and Wellness Program since 1983. This is an award winning Program, having been recognized by the National Association of Senior Centers, AARP and Kaiser Permanente and has an interesting history.

It evolved from a State funded pilot program written by then Santa Clara County Health Project Director, Aldyth Parle. When Proposition 13 passed and all funding came to a halt, seniors asked that the Center staff find other sponsors to continue the health program. That's when dynamic senior center volunteer, Cleo Stuckrath gathered a group together and formed the Santa Clara Women's League to organize a fundraiser suggested by the Senior Center staff. Our major fundraiser, SHOWTIME was born and Cleo wrote and directed original fun filled melodramas until her retirement last year. Cleo's successors are the very talented hero and heroine of many SHOWTIME performances and we invite everyone to join the fun in March of 2009. You may check the City website under the Community menu for Showtime details. After the new year you will be seeing our posters and signs around the community.

The League was the sole source of support for the Health and Wellness Program up to about 1997 when the City of Santa Clara generously agreed to match our funds and over the years has supplemented to ensure an equitable scale for the nursing staff.

The Program is staffed by Maliory von Kugelgen RN, PHN and Jody Sugiyama, RNP who alternately provide nursing support Monday through Friday from 9 am to 4 pm daily. They provide blood glucose screening, blood pressure monitoring (which is also done by volunteer nurses on a drop in basis), telephone consultation, office visits in addition to home visits to seniors not able to get to the center and other special events and programs.

The Health and Wellness program has grown tremendously over the past 25 years. The goal remains the same: To help the seniors maintain the optimum level of health. It is the League's pleasure to be a partner with the City in providing this service and we are honored to present this check for \$15,000.

Thelma Sorich, 2008-2009 SCWL President

Phone: Santa Clara Senior Center, 408-615-3170 Non-profit ID: 77-0148161



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P.O. Box 3033, Santa Clara, CA 95055

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City of Santa Clara 1500 Warburton Avenue Santa Clara CA 95050

Mayor Patricia Mahan and Council Members:

The Santa Clara Women's League is happy to present our annual contribution to the Senior Center's Health & Wellness Program which helps seniors maintain an optimum level of health..

All residents of Santa Clara are fortunate that our City leaders and staff are dedicated to continuance of the nursing service which has served the community for over 25 years. It is the League's pleasure to be a partner with the City in providing this service and we are honored to present this check for \$15,000.

We thank the entire community for attending Showtime in March and buying pizza at our Art & Wine booth in September each year. They, ultimately, are the ones who make this check possible.

Sincerely,

Thelma Sorich, 2008-2009 SCWL President

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